

**NEW
Train the
Trainer!**



Strengthening Mental Health through Trauma- Responsive Care

Join us in learning how stress and trauma impact the brain and how early educators can benefit children and themselves in wellness strategies.

Tuesday, October 15, 2024
1:00-3:00pm via Zoom
FREE

NEW .2 CEU
(NO CEU OFFERED FOR TTT)

This training will allow participants to:

- Define and explore factors which impact mental health of children birth-5 and the adults who care for them, including: trauma, risk factors, resilience and responsive care.
- Create strategies to foster resilience and enhance protective factors for children birth-5.
- Adapt wellness and self-care tools to foster longevity in the ECE field, as well as career and personal fulfillment.

Participants must:

- complete application and receive acceptance email
- have computer with internet
- camera on
- engage in individual, small and large group activities
- login on time and remain in training for full session

Dedee Ephraim
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Scan the QR code or [click here](#) to apply!

