REFLECTIVE SUPERVISION LEARNING COLLABORATIVE

22 Hours of Training + 24 Hours of Group Reflective Consultation October 2025-October 2026



The North Carolina Infant and Early Childhood Mental Health Association (NCIMHA) recognizes that the infant and early childhood workforce thrives when given opportunities to reflect on their work. Reflective supervision/consultation (RSC) provides a vital space for professionals to process their experiences, deepen their skills, and reduce work-related stress that can lead to burnout. Growing evidence supports that RSC enhances professional capacity, encourages self-awareness, and promotes overall workforce well-being.

Introducing the 2025–2026 Reflective Supervision Learning Collaborative!

In response to the growing demand for qualified RSC providers, NCIMHA is proud to host the **2025–2026 Reflective Supervision Learning Collaborative**. This initiative is designed to support North Carolina professionals in building their skills and capacity to offer reflective supervision or consultation within their organizations. See our event page [HERE] or download a flier to share [HERE].

Complete An Application

Application Deadline: August 8, 2025

What's Included in the Collaborative?

Training:

Participants will attend six training sessions (22 hours total), focusing on key topics such as building new relationships, reflective frameworks, understanding power dynamics, self-awareness, navigating rupture and repair, transitions, and goodbyes.

Training Schedule:

- October 16-17, 2025 | Full day in-person training at the Museum of Life & Science, Durham, NC
- April 16-17, 2026 | Virtual half day trainings (9:00 AM–12:00 PM)
- September 10-11, 2026 | Virtual half-day trainings (9:00 AM-12:00 PM)

Group Reflective Consultation:

In addition to training, participants will receive 24 hours of virtual group RSC over 12 months (2 hours per month). Meeting times will be coordinated between facilitators and group participants to ensure consistent scheduling.

Cost and Scholarships

The total cost for participation is **\$300**.

Scholarships are available for those whose employers are unable to cover the cost. You can indicate your request for scholarship support within the application.

Pathway to Endorsement

This learning collaborative is designed to meet the reflective supervision requirements for the **Infant or Early Childhood Mental Health Endorsement** (I/ECMH-E®), positioning participants for success in 2026 and beyond!

Our Learning Collaborative Trainers + Consultants





Gabriel Guyton, MA, MS Ed., IMH-E®

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