

Professional Development Blast June 2026

Virtual Trainings

Breastfeeding Friendly Child Care

This training covers Breastfeeding Friendly Child Care. Participants will explore and reflect on their own feelings and knowledge about human milk feeding, identify benefits and risks of human milk feeding and commercial infant formula use, identify barriers to human milk feeding and the child care provider's role in reducing those barriers, and use human milk feeding resource materials to gain knowledge. 2 credit hours, \$12.00

Date	Time	Registration
Monday, June 1	6:30-8:30 pm	Early Years

Nurturing Little Minds: Interactions and Language Development

Join us as we explore the interplay of language and relationships in early childhood education! This course focuses on the types of interactions that enhance language and communication development in children from birth to age three. Participants will explore techniques and strategies to promote meaningful exchanges between adults and children. We will highlight the pivotal role that positive and responsive relationships play in nurturing essential early language skills. 2 credit hours, \$12.00

Date	Time	Registration
Wednesday, June 24	6:30-8:30 pm	Early Years

Infant Toddler Zone: Healthy Behaviors

Young children are learning how to function in the world around other children and adults. Learning how to support Infant and Toddler's social and emotional development is a critical part of caring for this age group. This session will give you a basic overview of child and brain development as it relates to behaviors. Participants will also explore strategies for self-care and how to encourage healthy behaviors. 2 credit hours, \$12.00

Date	Time	Registration
Tuesday, June 30	6:30-8:30 pm	Early Years

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Infant Toddler Zone: Applying NCFELD to Infant-Toddler Planning

Through observation of high quality learning experiences you will have opportunities to reflect on why using NCFELD is essential for every child in your care. During this course we will introduce and review the origin and purpose of the North Carolina Foundations for Early Learning and Development resource. As participants take a hands-on approach to gaining knowledge of developmental skills for infants and toddlers, we will discuss strategies related to developing specific school readiness skills. 2 credit hours, \$12.00

Date	Time	Registration
Monday, June 29	6:30-8:30 pm	Early Years

Infant Toddler Zone: Building Relationships with Infants & Toddlers

Nurturing relationships are critical to the healthy development of infants and toddlers, and are essential to adult wellness. The focus of this training is on the components of important relationships that sustain us throughout our lives, and how we can build them with young children. Join us as we look into the process of developing relationships with infants, toddlers and each other as their caregivers and educators. 2 credit hours, \$12.00

Date	Time	Registration
Tuesday, June 16	6:30-8:30 pm	Early Years

Infant Toddler Zone: Creating a YES Environment: Safe Spaces for Infants & Toddlers

What does it take to create and utilize a safe environment for infants and toddlers? Join us as we look at key strategies incorporating child development and active supervision in maintaining safe and engaging environments. 2 credit hours, \$12.00

Date	Time	Registration
Thursday, June 11	6:30-8:30 pm	Early Years

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ITS-SIDS

This training meets the DCDEE health and safety requirements. This workshop gives child care providers an overview of Sudden Infant Death Syndrome, identifies SIDS risk factors, and describes ways to reduce the risk of SIDS in child care. 2 credit hours, \$12.00

Date	Time	Registration
Wednesday, June 3	6:30-8:30 pm	Early Years
Tuesday, June 9	6:30-8:30 pm	Early Years
Thursday, June 18	6:30-8:30 pm	Early Years
Tuesday, June 23	6:30-8:30 pm	Early Years

On-Demand Trainings

Supporting Developmental Monitoring and Screening in Early Care and Education Settings

This training will help participants understand the differences in developmental monitoring and screening and why they are so important to children and families. Participants will learn how they can track and celebrate children's milestones and strategies for collaborating with families on supporting children's healthy growth. You can play an essential role in our state's early intervention efforts!

2 credit hours, \$20.00

[Click here](#) to register

The Power of Positive Relationships: Supporting Birth-Three Social Emotional Development

This course is designed to equip early childhood professionals with the essential knowledge and practical skills necessary to foster healthy social-emotional development in infants and toddlers. Recognizing that the foundation of a child's lifelong emotional and social well-being is established during the formative years, this course aims to explore effective strategies that promote positive relationships between caregivers and young children.

2 credit hours, \$20.00

[Click here](#) to register

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Adult Learning and Why It Matters!

This training will: explain distinguishing features of adult learning; support early childhood education specialists, trainers, and coaches in understanding their learning styles and strengths; provide specific techniques to promote adult learning, and; highlight how learning is unique to each individual.

6 credit hours, \$20.00

[Click here](#) to register

Math Concepts for Children Birth-Three

This course is designed to equip educators with the foundational knowledge and practical strategies necessary for integrating mathematical concepts into the daily lives of children from birth to three years of age. Recognizing the critical role that early experiences play in cognitive development, this course emphasizes the importance of fostering mathematical thinking through engaging, everyday interactions.

4 credit hours, \$20.00

[Click here](#) to register

Temperaments of Infants and Toddlers

By exploring the unique temperamental characteristics of young children, educators will learn how to more effectively perceive and meet each child's needs. Participants will also discuss how the temperaments of both the teacher and the child influence relationships in a group setting, and will gain insight into how goodness of fit creates the most supportive care environment.

2 credit hours, \$20.00

[Click here](#) to register



Did you know that the first three years of a child's life is critical for brain development? Did you know that you play an important role in a child's life in terms of attachment and behavior guidance? You can learn about these concepts and more when you take the New Infant Toddler Teacher Orientation (NITTO).

NITTO provides foundational knowledge and skills that are essential for new teachers to understand and a great refresher for experienced teachers and administrators as well. **NITTO is free with 14 contact credit hours** earned upon completion. It is located on [DCDEE's Moodle website](#). You will need your NCID to register.

For more information about NITTO contact itorientation@earlyyearsnc.org