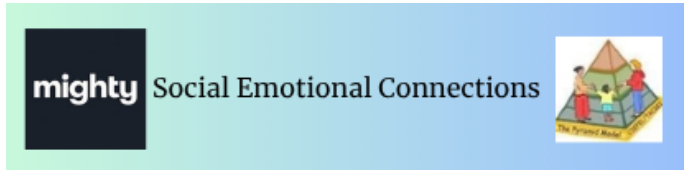


Professional Development Blast

December 2025 - January 2026



Do you love interacting on social media? Wouldn't it be great if there were a platform just for Early Childhood professionals? Well, there is! JOIN TODAY. You can interact with other professionals, ask questions, receive and give advice, get access to articles and resources, and be inspired by self-care tips. B-3QI has partnered with the Healthy Social Behaviors Project (HSB) on their Mighty Networks platform for **Social Emotional Connections**. Once you join, you can choose which groups you want to be connected with. B-3QI helps to facilitate the **infant/toddler group** and the **administrator group**. There is even a **free app** you can download for easy access!

[Click here](#) to join Social Emotional Connections.

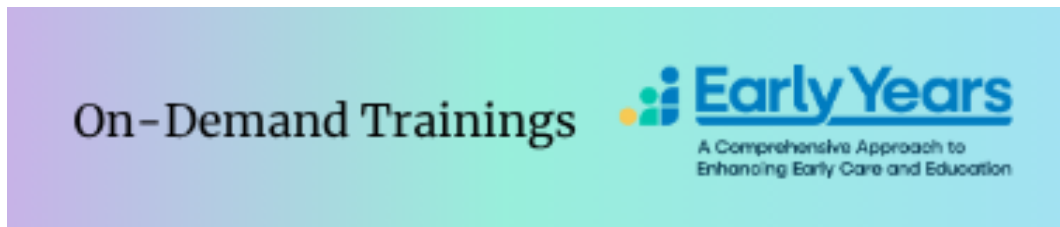


Did you know that the first three years of a child's life is critical for brain development? Did you know that you play an important role in a child's life in terms of attachment and behavior guidance? You can learn about these concepts and more when you take the New Infant Toddler Teacher Orientation (NITTO).

NITTO provides foundational knowledge and skills that are essential for new teachers to understand and a great refresher for experienced teachers and administrators as well. **NITTO is free with 14 contact credit hours** earned upon completion. It is located on [DCDEE's Moodle website](#). You will need your NCID to register. The course is designed to complete one section per week over the course of 7 weeks, but you may take longer if you need it.

For more information about NITTO contact itorientation@earlyyearsnc.org

Professional Development Blast



Supporting Developmental Monitoring and Screening in Early Care and Education Settings

This training will help participants understand the differences in developmental monitoring and screening and why they are so important to children and families. Participants will learn how they can track and celebrate children's milestones and strategies for collaborating with families on supporting children's healthy growth. You can play an essential role in our state's early intervention efforts!

2 credit hours, \$20.00

[Click here](#) to register

The Power of Positive Relationships: Supporting Birth-Three Social Emotional Development

This course is designed to equip early childhood professionals with the essential knowledge and practical skills necessary to foster healthy social-emotional development in infants and toddlers. Recognizing that the foundation of a child's lifelong emotional and social well-being is established during the formative years, this course aims to explore effective strategies that promote positive relationships between caregivers and young children.

2 credit hours, \$20.00

[Click here](#) to register

Adult Learning and Why It Matters!

This training will: explain distinguishing features of adult learning; support early childhood education specialists, trainers, and coaches in understanding their learning styles and strengths; provide specific techniques to promote adult learning, and; highlight how learning is unique to each individual.

6 credit hours, \$20.00

[Click here](#) to register

Math Concepts for Children Birth-Three

This course is designed to equip educators with the foundational knowledge and practical strategies necessary for integrating mathematical concepts into the daily lives of children from birth to three years of age. Recognizing the critical role that early experiences play in cognitive development, this course emphasizes the importance of fostering mathematical thinking through engaging, everyday interactions.

4 credit hours, \$20.00

[Click here](#) to register