

HEALTHY SOCIAL BEHAVIORS



Supporting teachers to develop **pro-social early childhood learning environments** that help to prevent suspension and expulsion, as related to challenging behaviors

Introducing HSB

We are coaches with early childhood education backgrounds who are **passionate about empowering teachers to develop learning environments that promote pro-social skills in young children.** Our statewide team includes coaches, a professional development manager, and a program management team covering all 100 counties in North Carolina. The Healthy Social Behaviors project is an initiative of Child Care Resources Inc. funded by the North Carolina Department of Child Development and Early Education (DCDEE).

Pro-Social Skills

Managing and expressing emotions
Following directions
Making positive choices
Using problem solving strategies
Group participation
Positive sense of self
Taking turns and sharing
Self-control
Respecting family culture

Who Coaches Support

DCDEE licensed child care centers and family child care homes serving children ages 0 to 5 years old, including NC Pre-K in public school and community classrooms, Early Head Start, Head Start, Developmental Day, and GS 110-106 Centers

How Coaches Help

- Offering coaching to licensed facilities to address challenging behaviors
- Developing a coaching relationship with classroom teachers and directors
- Making community connections to support children and families
- Promoting social competencies in all children in child care
- Providing educational resources and training to the greater early childhood community

Framework

The evidence-based Teaching Pyramid Model guides our coaching. This model supports universal teaching practices including an effective workforce, nurturing and responsive relationships, high-quality supportive environments, targeted social and emotional supports, and intensive interventions. Training and strategies align with North Carolina Foundations for Early Learning and Development to meet the needs of NC children.

Why HSB Matters

- Research shows that between the ages of 2 and 5, the brain is primed and ready to learn to manage impulses and emotions. (Mann, Hund, Hesson-McInnis, & Roman, 2017)
- Research supports the importance of developing social-emotional competence in preparing children for school readiness, peer relationships, positive attitudes toward

school, emotional self-management, and academic achievement (Blair & Razza, 2007; Mann et al., 2017; Razza & Raymond, 2015)

- Preschool children are suspended up to three times more than students from kindergarten through 12th grades (United States Department of Education's Civil Rights Data Collection, 2012)
- It is estimated that 250 preschoolers are suspended or expelled

each day (Center for American Progress, 2017)

- The Pyramid Model is listed as a recommended multi-tiered approach to prevent and limit expulsions and suspensions in early childhood settings (United States Department of Education and Health and Human Services Department, 2014)
- **In 2005, North Carolina established the Statewide Healthy Social Behaviors Project to address these challenges.**

Resources

Check out [Tucker's NC Nest on Pinterest](#) for social-emotional teaching strategies.

Follow our [Oh Behave! Tips on Twitter](#).

Open our latest [LiveBinder resource](#), a growing library shelf of virtual binders that include archived issues of the HSB newsletter; Oh Behave!, a collection of Disaster Response Resources; and a binder of scripted stories for classroom use.

Connection

Join [Social-Emotional Connections](#), organized by the NC Healthy Social Behaviors Project.

- Our focus is on creating a platform for early childhood administrators, teachers, and support staff across North Carolina to connect with one another.
- Professionals gain access to current and relevant resources to support the overall social-emotional well-being of administration, staff, families, and children.

“ Somebody's got to be crazy about that kid.
That's number one. First, last and always. ”

- Urie Bronfenbrenner

Contact

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