

COMMUNITY OF PRACTICE:
5-PART SERIES



Early Relational Health in Action

Supporting Organizational & Staff Well-Being Using ERH Principles & Practices

This Community of Practice invites professionals to explore how Early Relational Health principles can **enhance both their professional and organizational well-being.**

Through guided conversations, reflection, and practical applications, participants will learn how to bring ERH principles into everyday professional interactions, strengthen relationships, and cultivate resilience across their teams and organizations.

APPLY HERE!

Please apply by **Feb. 13th** –
space is limited to 35 participants.

Questions? Contact dephram@childcareresourcesinc.org

Session 1: Feb. 23
Introductions &
Foundations of Early
Relational Health

Session 2: March 23
Making the Most of
Everyday Moments

Session 3: April 27
Finding Stability in
Uncertainty

Session 4: May 18
Creating Safety &
Developing Trust

Session 5: June 22
Nurturing
Growth Through
Relationships

*All sessions will be
held virtually from
1 to 2 p.m.*